

2021 SOFTBALL

RIIL PITCHER AND CATCHER FORM

Please list below the designated (4) pitchers and (2) catchers that will participate in your pre-season throwing program beginning on Monday, April 19 and concluding on Friday, April 23, 2021. **Please complete form and email to julie.mancini@riil.org or fax to the RIIL Office (272-9838) no later than April 9, 2021.** Failure to submit this form on time will result in losing the privilege to participate in this program. Please keep in mind the following regulations:

- Freshmen are eligible to participate in this program.
- The intended throwing and conditioning program for that week must be approved by a certified trainer or medical doctor.
- Pitching and catching are the only activities permitted that week. The intent is to prepare pitchers/catchers for the spring season.

HIGH SCHOOL: _____

DATE SUBMITTED: _____

PITCHERS

NAME	GRADE
1.	
2.	
3.	
4.	

CATCHERS

NAME	GRADE
1.	
2.	

Date:

Certified Trainer: _____
Print Name *Signature*

Date:

Head Coach: _____
Print Name *Signature*

Date:

Athletic Director: _____
Print Name *Signature*

Date:

Principal: _____
Print Name *Signature*